

# Athletes & EFAs

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Athletes and bodybuilders need assistance in 3 fundamental areas:

- Increase strength, endurance, and coordination between the eye and the hands and/or legs
- Decrease recuperation time
- Decrease healing time after injury

The assistance they need is here, and it's called the "Foundation of Radiant Health."

There are numerous nutritional supplements in the marketplace. Because the athletic market is so large, and because a 1-5% increase in performance is significant, elite athletes are often "at the mercy of the marketplace." They rely on published "studies" touting a benefit of a particular nutritional supplement.

Now, you can go beyond biased studies (that tend to reverse themselves every few years) to establish medical science that remains constant - you can depend on it.

First:

- Healthy essential oils (EFAs) are taken out of our foods. They are "essential" because our body can't make them - they must come from the foods we eat. So, if they have been taken out of our foods, we must get them in supplements.
- **Beyond The Zone** discusses, in detail, the importance of healthy essential oils. They are your body's true "oxygen magnets," bringing energy to all cells and tissues.
- They are the building blocks for (anabolic) natural steroids! Muscle grows faster, and you recuperate quicker, too.
- These oils are so important that I call them "basic essence." Your body makes the derivatives it needs (including hormones, such as testosterone) from basic essence.
- These nutrients are required by the brain, eye, and nerves. You get maximum speed of connection between vision and muscle movement. Your vision improves and you actually think FASTER, too.
- Life-Systems Engineering translation: Basic essence is an athlete's dream-come-true in a nutritional supplement.

Second:

- Did you know that there are 9 minerals not commonly found in the soil anymore because organic fertilizers aren't commonly used anymore? If they aren't in the soil, they can't be in the plant - so they can't be in your food.
- Did you know that vitamins don't work properly without these minerals? How much money have you wasted on vitamins? Also, there is only one form of minerals that are best used by the body (because they don't ionize and "compete" with each other). You need to read **Beyond The Zone** to learn about nutrition supplements.

Third:

- Your body may not be working at peak efficiency. How can you attain peak performance and radiant health, with thousands of chemicals in our meats - hormones, pesticides, steroids, and preservatives - and air and water pollution? Your body wastes tremendous amounts of energy getting rid of toxins. Imagine how much more energy you would have if you had less toxins to deal with? Introducing: an Essiac®-concept tonic with "Cat's Claw" - probably the world's best detoxifier.

Put these 3 product's benefits together, and you can see why I call them the Foundation of Radiant Health. Without these 3 supplements, you'll never fully achieve the peak performance that you are capable of.